



FLORIDA RELAYS
PERCY BEARD TRACK - GAINESVILLE, FL
APRIL 4th- 6th, 2013
SCHEDULE OF EVENTS:

Thursday

Field Events

5:00pm B Shot Put (Outer)
G Discus (Inner)
B Long Jump
G Long Jump
G High Jump
B Pole Vault

Running Events

5:00pm G 1600m
5:35pm B 1600m
6:15pm G 100m (P) (Front)
G 100m H (P) (Back)
6:40pm B 100m (P) (Front)
B 110mH (P) (Back)
7:05pm G 800m
7:40pm B 800m
8:20pm G 3200m
9:05pm B 3200m

Friday

Field Events

10:00am G Shot Put
B Discus
G Triple Jump
B Triple Jump
B High Jump
G Pole Vault
12:00pm M Hammer
W Discus (inner)
1:00pm W Long Jump
3:00pm M Javelin
M Discus (outer)
W Pole Vault
M Long Jump
5:30pm M Invite Hammer
W High Jump
6:00pm W Invite Discus (inner)
W Long Jump Invite
7:30pm W Javelin
M Long Jump Invite

Running Events

10:00am G DMR
10:45am B DMR
12:30pm G 100mH (F)
12:35pm W 100mH
1:00pm B 110mH (F)
1:05pm M 110mH
1:30pm W 400m
1:50pm M 400m
2:10pm G 100m (F)
2:15pm B 100m (F)
2:20pm W 100m
2:40pm M 100m
3:00pm W 800m
3:25pm M 800m
3:55pm W 400mH
4:20pm M 400m H
4:40pm W Invite 200m
4:55pm M Invite 200m
5:10pm G 4x200
5:30pm B 4x200
5:55pm G Invite 1600
6:05pm B Invite 1600
8:00pm W 1500m
8:20pm M 1500m
8:40pm W Steeplechase
8:55pm M Steeplechase
9:10pm W 5000m
9:30pm M 5000m

Saturday

Field Events

10:00am W Hammer
11:00am M Discus Invite
1:00pm W Hammer Invite
M Pole Vault
1:30pm M Triple Jump
2:30pm W Shot Put Invite
M Shot Put
4:00pm M High Jump
W Triple Jump
5:00pm M Shot Put Invite
W Shot Put

Running Events

12:00pm W SHR
12:15pm M SHR
12:30pm W SMR
12:45pm M SMR
1:00pm G 4x800
1:40pm B 4x800
2:20pm W 4x100
2:45pm M 4x100
3:10pm G 4x100
3:30pm B 4x100
3:50pm W 4x800
4:05pm M 4x800
4:20pm Senior Recognition
4:35pm W 4x200
4:55pm M 4x200
5:15pm W DMR
5:35pm M DMR
5:50pm G 4x400
6:35pm B 4x400
7:20pm W 4x400
7:45pm M 4x400

ENTRY NOTES – High School and Collegiate

- Entries will only be accepted online via Direct Athletics at www.directathletics.com. Please contact support@directathletics.com if you have any questions. No fax or phone entries will be permitted.
- Entries will open January 15th, 2013
- **Entering your athletes is no guarantee of them being accepted into the meet.** Check gatorzone.com on Saturday March 30th. Late Entries will be considered through March 30th and assessed a \$50.00 late fee per late entry and will be admitted on an individual basis.
- Any athlete participating in either individual or relay events must be on your team roster.
- Please remember to print out a confirmation sheet after you have entered all of your athletes in all of their events.
- Enter your athlete's lifetime best, indoors or outdoors, for relays (include a seasonal best or an estimated performance based upon your four athletes individual performances). **We will be verifying marks based on results in the FLRunners database as well as other sources provided.** Do not enter your athletes with marks that they have not achieved.
- High School athletes will not be allowed to compete in collegiate events or sections.
- Entry Deadline is **Wednesday, March 27th, 2013 @ 6:00PM.**
- All athletes accepted into the competition will be posted at gatorzone.com by 6:00pm Saturday, March 30th.

High School Sanctioning Info

The Florida Relays has submitted for sanction of an interstate athletic event to the National Federation of State High School Associations. The FHSAA has approved the Florida Relays for state of Florida association member schools.

Check with your state high school activities association if you have any questions before entering the Florida Relays. You can check for information on your state and Florida Relays sanctioning as www.NFHS.org/sanctioning.htm

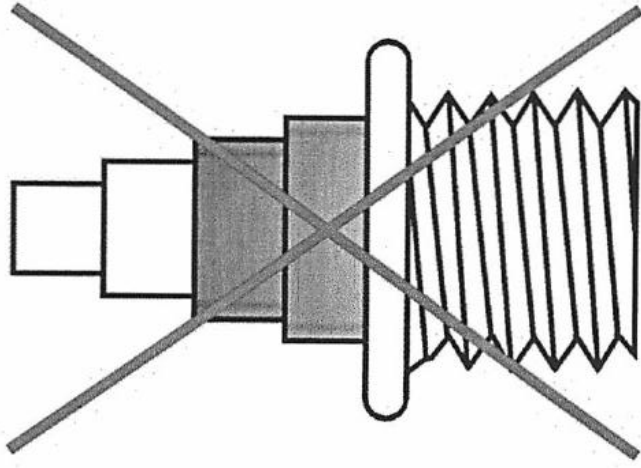
CLUB & UNATTACHED INFORMATION

- Open competitors must be 18 years of age or older on April 4th, 2013. Unattached athletes may not wear a school uniform.
- ENTRIES ON DIRECTATHLETICS.COM ONLY. Deadline is Wednesday, March 27th, 2013.
- **ENTERING IS NO GUARANTEE OF BEING ACCEPTED INTO THE MEET.** Check gatorzone.com on Saturday March 30th, after 6:00pm to confirm your acceptance.
- Late entries not accepted!

ALL ATHLETES NOT COMPETING WITH A COLLEGE MUST SIGN THE WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT AND RETURN IT AT PACKET PICK-UP IN ORDER TO COMPETE

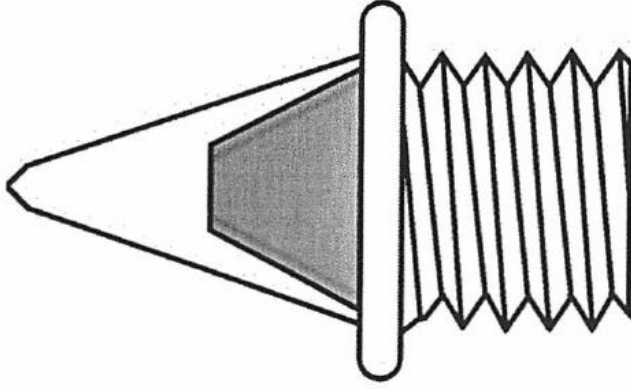
FLORIDA RELAYS TIMELINE

Wednesday	March 27 th - 6:00pm	Entries Due
Saturday	March 30 th - 6:00pm	Accepted entries posted on Gatrozone.com
Thursday	April 4 th – 11:00am-7:00pm	Packet Pickup – Woman's Club
Friday	April 5 th – 8:00am-6:30pm	Packet Pickup – Woman's Club
Saturday	April 6 th – 8:00am-1:00pm	Packet Pickup – Woman's Club



NO

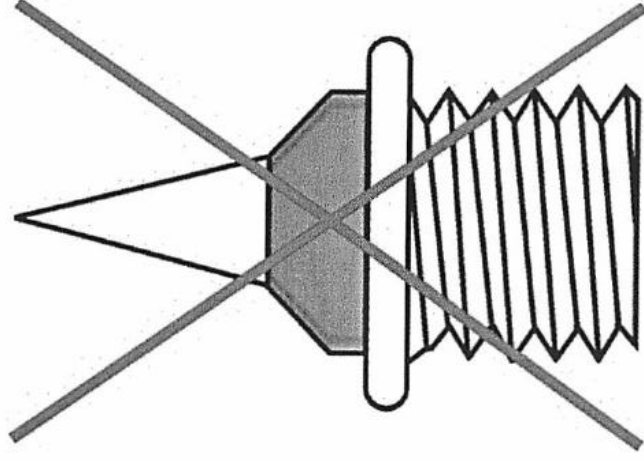
**Christmas
Tree Spike
Pins**



1/4"

Pyramid

Item #463A from
MF Athletics
800-693-6052



NO

**Needle
Spike
Pins**

ENTRY FEES – HIGH SCHOOL

There is an entry fee of \$10 per athlete, with a maximum of \$100 per team. Male and female teams are considered separate creating a maximum entry fee of \$200 per school. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 30th, 2013. Make sure to include all relay runners and alternates when you do your team roster online. **Entry fees must be paid at packet pick-up.** Only accept cash and check. Make checks payable to: *University Athletic Association*.

ENTRY FEES – COLLEGIATE / UNATTACHED

There is an entry fee of \$40 per athlete, with a maximum of \$400 per team. Male and female teams are considered separate creating a maximum entry fee of \$800 per school. \$5.00 for unattached athletes that show a valid college id. **All entry fees are non-refundable and non-transferable.** Entry fees are for the total number of athletes who qualify for the meet as of March 30th, 2013. Make sure to include all relay runners and alternates when you do your team roster online. **Entry fees must be paid at packet pick-up.** Only accept cash and check. Make checks payable to: *University Athletic Association*.

WEIGH-IN INFORMATION

Athletes must weigh-in all throwing implements at the track stadium in the northwest corner of the track (see posted sign). The weigh-in schedule is as follows. Implements which are not certified as official will be confiscated, and released following the competition.

IMPLEMENT WEIGH-IN SCHEDULES

Thursday, April 4th, 2012:

3:00pm – 4:30pm

Friday, April 5th, 2013:

8:00am – 11:00am

1:00pm – 2:30pm

Saturday, April 6th, 2013:

8:00am – 11:00am

12:30pm – 2:00pm

**Implements WILL NOT be accepted beyond times shown.
NO EXCEPTIONS!**

COLLEGIATE INFORMATION

- Athletes representing colleges/universities must be eligible according to the rules, which govern the athletic participation of their schools; i.e., NCAA, NAIA, or NJCAA.
- NCAA rules will prevail
- Each school may enter a maximum of three (3) individuals and two (2) relay teams per event except the 4x200 where a maximum of three (3) relay teams may be entered.
Additional entries will not be accepted.

FIELD SIZES

<u>EVENT</u>	<u>NUMBER ACCEPTED</u>
Field Events	24
Open Track Events	45
100	63
4x1	54
4x2	36
SMR	27
Invite 200	24

Opening Heights and Minimum Measurements

Women:

High Jump	1.60
Pole Vault	3.65
Long Jump	5.73
Triple Jump	11.50
Shot Put	13.00
Discus	40.00
Hammer	45.00
Javelin	35.00

Men:

High Jump	2.00
Pole Vault	4.80
Long Jump	6.50
Triple Jump	14.00
Shot Put	13.70
Discus	45.00
Hammer	50.00
Javelin	55.00

HIGH SCHOOL INFORMATION

- Athletes representing high schools must be eligible according to the rules, which govern the athletic participation of their schools; i.e., FHSAA.
- Each school may enter a maximum of two (2) individuals and one (1) relay team per event. Additional entries will not be accepted.
- Each athlete is allowed to participate in no more than 4 events, only 3 of which may be running events.
- High School athletes will not be allowed to compete in collegiate events or sections.

FIELD SIZES

<u>EVENT</u>	<u>NUMBER ACCEPTED</u>
Field Events	18
All other Events	All

Opening Heights and Minimum Measurements

Opening Heights and Minimum Measurements will be determined prior to the meet based upon the field accepted into the event.

GENERAL ANNOUNCEMENTS

▪ PACKET PICK-UP

Team/Individual packets will be available from the packet pick-up area at the Women's Club (located across the street behind the track stadium next to the basketball building). The packets will include meet information, athlete's numbers, pins, relay cards and a coach's pass. Packet pick-up times are as follows:

Thursday	April 4 th – 11:00am-7:00pm	Packet Pickup – Woman's Club
Friday	April 5 th – 8:00am-6:30pm	Packet Pickup – Woman's Club
Saturday	April 6 th – 8:00am-1:00pm	Packet Pickup – Woman's Club

▪ ENTRY INTO TRACK & FIELD STADIUM

Athletes: Competitor number will admit athletes into the stadium.

Coaches: Coach's passes will admit coaches into the stadium. High school coaches will be given one coaches pass per athlete accepted up to six passes.

▪ WARM-UP

Competition Days: All athletes must complete their general warm-up outside the fenced track and field area.

Thursday April 5th the track will be open from 9:00am-1:00pm.

▪ CHECK-IN PROCEDURE

Athletes need to check into the Clerk of Course (NW corner of track) a minimum of one (1) hour prior to their scheduled event time. Heats will be assigned and seeded for the evening before. Scratches need to be done before this time following below guidelines.

▪ PREFERRED LANES

For the 200 and all other oval races conducted in lanes, the order of preferred lanes is 6, 7, 5, 8, 4, 9, 3, 2, 1.

▪ ATHLETE'S NUMBERS

Athlete's numbers will be worn on the front for all events except the pole vault.

▪ COACHING

No coaches will be allowed in the fenced track & field areas. Athletes competing in the field events may leave the field to consult with their coach, if it does not interfere with the competition. Coaches will be allowed in the field event area, outside the fence near McKethan Baseball Stadium.

▪ FIELD EVENT CONDUCT

LJ/TJ/SP/D/J/HT competitors will receive three (3) attempts with the top nine (9) athletes advancing to the final, to receive three (3) additional attempts. Each field event contestant must have a legal mark to receive additional attempts. The HJ/PV will be contested in continuous flights.

▪ FALSE STARTS

The No False Start rule will be in effect.

▪ PROTEST

Protests must be filed, in writing, at the clerk tent no later than 30 minutes following the involved incident or decision.

▪ FACILITY

Mondo Surface: 9-48" lanes; double field event areas in long and triple jump, high jump, shot put, discus, and pole vault; maximum length of spikes - 1/4" pyramids. **Needle/Pin or Christmas Tree Spikes Will NOT Be Allowed.**

- **AWARDS**

The winner in all Running and Field Events will receive an award. Awards can be picked up in the Pressly Press Box following the posting of the events results.

- **TRAINING AREA**

A large tent for athletic trainers will be set up in the southwest corner of the stadium.

- **RESULTS**

Results will be posted under the south end of the stadium, on gatorzone.com, and deltatiming.com as soon as possible.

- **MEDIA/PHOTO CREDENTIALS**

Contact Amanda Brooks at amandabr@gators.ufl.edu

- **SCRATCHES**

Scratches are appreciated and can be emailed to mellaneew@gators.ufl.edu.



FOR MORE INFORMATION:

E-mailing will get a quicker response. Please only contact one person.

For questions regarding entries, acceptance and deadlines e-mail:

Mellanee Welty MellaneeW@gators.ufl.edu

For questions regarding Sanctioning, Entry fees and General Info contact:

Therese LeGrow 352-375-4683 ext. 4400
Theresel@gators.ufl.edu

***After Tuesday, April 2nd at noon correspondence needs to come via e-mail only.**

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for participating in the 2013 Pepsi Florida Relays on April 4-6, 2013 (hereinafter referred to as the "Event"), I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the University Athletic Association, Inc., the University of Florida Board of Trustees, the Florida Board of Governors, the State of Florida, and any of their officers, servants, agents, or employees (hereinafter referred to as "RELEASEES") from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES or otherwise, while participating in the Event, or while in, on or upon the premises where the Event or any associated activities are being conducted.

To the best of my knowledge, I am in good physical condition and am not aware of any physical infirmity which would place me at risk to participate in the Event or any associated activities. I am fully aware of the risks and hazards connected with the Event and associated activities, including the risk of serious bodily injury. I hereby elect to participate as a voluntary participant in the Event, and to enter the premises of the facility and engage in such activities knowing that the activities may be hazardous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage to property owned by me, as a result of being engaged in such activities, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES or otherwise. I further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS the RELEASEES from any loss, liability, damage or costs, including court costs and attorney's fees, that they may incur due to my participation in the Event, WHETHER CAUSED BY NEGLIGENCE OF RELEASEES or otherwise.

It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse if I am alive, and my heirs, assigns and personal representative if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Florida. In signing this release, I acknowledge and represent that I have read and understand it and sign it voluntarily; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

I HAVE READ THIS WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Printed Name (If eighteen (18) years of age or older)	Signature	Date
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Parent's Printed Name (If Participant under eighteen (18) years of age)	Signature	Date
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